

**Resources for High School Students with Special Needs & their Families  
Westchester County, New York  
Prepared by the Life's Bridges Program  
Funded by OPWDD & Westchester Disabled on the Move, Inc.**

*This is a list of services in Westchester County for high school students with developmental disabilities. This list is not meant to be comprehensive and it is not an endorsement of any of the services listed. It is intended solely as a basic resource of the known options in the county.*

For More Information or To Give an Update or Suggestion  
Contact Us At:

Westchester Disabled On the Move  
984 North Broadway  
Yonkers, New York, 10701  
[www.wdom.org](http://www.wdom.org)  
Tel: (914) 968-4717

Special Thanks To:  
Jennifer Kahn Ruoff LMSW, MS.Ed

## **ACTIVITIES:**

### **Dance, Gymnastics and Theater:**

#### **Westchester Gymnastics and Dance**

Judy Anker  
5 Skyline Drive  
Hawthorne, New York (914)592-2324

### **Martial Arts:**

#### **Aikido and Yoga**

4 Gray Rock Rd. Scarsdale, NY 10583, Aikido: Steve Kanney (914) 648-0492  
[www.scarsdaleaikido.com/children-special-needs.html](http://www.scarsdaleaikido.com/children-special-needs.html)

Yoga: Kim Gold (914) 648-0493  
[www.scarsdaleaikido.com/childrens-yoga-eastchester.html](http://www.scarsdaleaikido.com/childrens-yoga-eastchester.html)

Self-contained and integrated classes for children on the autism spectrum, ADHD, anxiety disorders and/or medical challenges. 1:3 ratio. Needs based fee scale, some programs are free.

#### **KI Martial Arts**

Sensei Vladimir Zolottev, (914) 961-1111 and  
[senseivladimir@KImartialartsusa.com](mailto:senseivladimir@KImartialartsusa.com) and [www.KIMartialArtsUSA.com](http://www.KIMartialArtsUSA.com) 125 A  
Marbledale Rd. Tuckahoe, NY

Karate and Tae Kwon Do for children with special needs in adaptive classes. Children work on focus, control, balance, memory, discipline, fitness and coordination in constructive, goal related training. All levels and ages welcome.

#### **UMAC (United Martial Arts Centers)**

***450 North State Road Briarcliff Manor, New York (914) 945- 7100***

Director

: Laura Giacovas, MS Ed in special education and black belt in Taekwondo. Taekwondo for children with special needs to develop physically, mentally and socially.

[info@umacbriarcliff.com](mailto:info@umacbriarcliff.com)

### **Music & Art**

#### **Music Therapy Institute of the Music Conservatory of Westchester**

Tina Brescia, Director

216 Central Ave. White Plains, New York (914) 761-3900 or  
[tbrescia@musiced.org](mailto:tbrescia@musiced.org)

Music therapy programs for children and adults with and without disabilities.. Fees charged.

### **Heartsong**

**White Plains 914 358-5613, [www.heartsong.org](http://www.heartsong.org)**

Music, art and dance and movement programs for children, adolescents and adults with all special needs. Summer and school vacation programs. Children are grouped together by functioning level with 8 children per class.. Free.

### **Rose Hill Music Academy**

666 Columbus Ave. Thornwood, New York (914)747-2585 [www.rosehillmusic.net](http://www.rosehillmusic.net)

Private music and instrument lessons for people with and without special needs.

### **Westchester Creative Arts Therapy Services**

Music and art therapy for people with special needs. Saturday program for children and young adults. [wcats.john@gmail.com](mailto:wcats.john@gmail.com) and [wcats.nancy@gmail.com](mailto:wcats.nancy@gmail.com)

John Mahoney and Nancy Landy (914) 476-7662. 16 Villard Ave. Hastings, NY

### **Recreation Departments Affiliated With Towns**

#### **Greenburgh Special Education Recreation**

Noel Broccoli, Director of Special Recreation 11

Olympic Lane

Ardasley, New York (914) 693-8985 ext. 128

Offers a large array of activities and outings for children with disabilities, such as Challenger basketball, horseback riding, karate, swim classes, art classes, dances, parties and camp and Saturday night recreation nights in the community.

#### **North East Westchester Special Recreation, Inc.**

63 Bradhurst Avenue

Hawthorne, New York (914) 347- 4409 or [www.northeastspecialrec.org](http://www.northeastspecialrec.org) Weekend, summer camp in Thornwood, New York and after school recreational programs for people 4 years through senior citizens with special needs. Fees charged. .

### **NorWest**

Christopher Morbito, Director

Cortlandt Manor, New York (914) 737- 4797 and [www.nor-west.org](http://www.nor-west.org).

Year- round therapeutic recreational programs for children with disabilities ages 5 and up. They hold weekend programs, school vacation programs, after school programs. Summer programs for 16-22 year olds. Fees may apply – call for more information.

**Yonkers Department of Recreation**

Tara Conte-Giglio (914)377-6438  
285 Nepperhan Ave. Yonkers, NY

Dance and music therapy, art, girl scouts, theater arts, pet therapy, tee-ball, special Olympics swimming and Project Friendship. Free.

**SPORTS:**

**New Rochelle Little League Challenger Division**

Shelly Klein (914)632-4916  
30 Trinity Place New Rochelle, NY  
Children 5-21 Little League. Free

**AYSO VIP Soccer League**

John Maltby at [john@jmaltby.com](mailto:john@jmaltby.com)  
Ages 5-18 with special needs. <http://www.ayso324.org/>

**Westchester Skating Academy**

Stacy Isenberg  
91 Fairview Park Dr. Elmsford, NY (914) 347-8232 [www.skatewsa.com](http://www.skatewsa.com)  
Special needs ice skating lessons. Fees charged

**Swim Instruction**

**Angelfish Therapy, LLC**

Ailene Tisser, MA, PT (203) 969-6431 and Cindy Freedman, MOTR, CTRS (203) 364-1544  
or [www.AngelfishTherapy.com](http://www.AngelfishTherapy.com)

Aquatic therapy in several locations in Connecticut and White Plains, New York Private, semi-private and small group with either an OT or PT.

**Pace University Aquatics Program**

Kate Palladino (914) 773-3280 or [www.pacesettersathletics.com/aquatics](http://www.pacesettersathletics.com/aquatics)  
861 Bedford Rd. Pleasantville, NY  
Adapted aquatics program for a wide range of disabilities. Fee Charged

**Gerald Cox**

(914) 720-7875 or [clubfit.com](http://clubfit.com) or [letslearn@myswimforkids.com](mailto:letslearn@myswimforkids.com)  
White Plains, NY Fees Charged.

**Aqua Zone**

Noel Broccoli, Greenburgh Parks and Rec. 914-693-8985 ext. 128  
Theodore Young Community Center. Ages 5-21.

## **YOGA:**

### **Yoga for Special Needs at WonderKids**

Kira Morton, Yoga Certified Instructor 470  
Mamaroneck Ave. Suite 204 White Plains,  
New York

(914) 421-8270 and [www.wonderkidstherapycenter.com](http://www.wonderkidstherapycenter.com) Classes  
for children of all ages with special need. Fees charged

### **Creative Yogashine**

Vitalah Simon, Dance Therapist, [yogashine@verizon.net](mailto:yogashine@verizon.net)

Valhalla, New York (914) 769-8745 and [www.yogashine.com](http://www.yogashine.com)

Yoga (group and individual) for children ages 3 and up with emotional, developmental and  
physical disabilities.

## **EDUCATION**

Putnam Northern Westchester BOCES

200 BOCES Drive

Yorktown Heights, NY 10598

Adult and Continuing Education Program, Vocational, Special Education  
914-245-2700

Southern Westchester BOCES

7 Berkeley Drive

Rye Brook, NY 10573

Adult and Continuing Education Program, Vocational, Special Education  
914-397-3820

## **OTHER RECREATIONAL ACTIVITIES**

### **CAMP JOY**

New Rochelle Parks and Recreation

Full day summer camp for students of Special Education

Nina Gainor 914-654-2116

Application online <http://www.newrochelleny.com/parks>

Fee charged. Financial assistance available

### **HERO**

(914) 761-2130 Janet Lefkowitz

Adapted tennis, dance, music and pet therapy for all ages. Fees charged.

### **SPARC, Inc. (Special Program and Resource Connection)**

Serving residents in northern, mid and southern locations of Westchester Rose Rothe, Executive Director  
(914) 243- 0583, [sparc@optonline.net](mailto:sparc@optonline.net), [www.sparcinc.org](http://www.sparcinc.org)

Recreation, social and therapeutic programs for children, teens and adults with developmental, learning and associated special needs. Programs Monday-Saturday on school calendar and summer. Professionals offer creative and individualized goal-oriented activities focusing on socialization and building skills for life and leisure. Activities include: Teen Time, Young Adults Social Club, Wacky Art, Film Production Workshop, Cooking Fun, Intro to Golf, Athletics and Lunch club, Dinner Friends, horseback riding, trips, etc. Private consultations for home music, art and recreational therapies. Respite Care is also available. Fees charged.

### **The Home Program**

34 South Broadway Suite 411  
White Plains, New York 10601  
(914) 949- 3751 or [www.thehomeprogram.org](http://www.thehomeprogram.org)

Behavior management consultation services, in-home training to address sleeping, toileting, mealtime, compliance and community behavior.[ff@optonline.net](mailto:ff@optonline.net)  
Fees charged.

### **YWCA of White Plains (North Street) Special Programs Department**

Jim Sullivan, Director (914) 949- 6227 ext. 108

Sunday recreation for ages 4-21 from 12-4, August vacation camps, school vacation camps for children with autism, PDD, CP, MR. Swimming, piano and guitar lessons available. Family respite and support also available. Fees charged.

## **SOCIAL SKILLS GROUPS:**

### **Confident Kid Club**

Contact Person: Carmella Crowley, 914-523-2328  
[ccrowley@confidentkidclub.com](mailto:ccrowley@confidentkidclub.com), [confidentkidclub.com](http://confidentkidclub.com)

### **Dramatic Pragmatics**

<http://www.dramaticpragmatics.com/>

Barbara Laufer, Director  
(914) 305-1210  
Rye, NY

Offers Speech and Language Evaluations and Pragmatic Language Evaluations. Additional services include parent training workshops, speaking engagements, and school consultation.

### **Social Skills Art Classes**

(914) 488-5282 Briarcliff Manor, NY

For children with behavioral challenges, language delays, learning disabilities in small classes where they learn to read and respond to social cues, read and use body language, express emotions effectively and improve sense of self.

### **OTHER RESOURCES:**

**ACCES-VR** Adult Career and Continuing Education Services-Vocational Rehabilitation  
914-946-1313, 5 S Broadway, White Plains, NY

Vocational rehabilitation counselors guide individuals through service programs as they reach their employment goals. Services include a vocational assessment, career planning, on the job programs, job coach services, college and university programs, trade and business schools programs, driver evaluation and training. Free.

### **Autism Family Center/ Westchester Jewish Community Services**

(914)761-0600 ext. 228 Kristin Macaluso, Program Coordinator

Family center for information and referrals. Parent support groups. Breakfast and supper clubs for 18+ with Asperger's Syndrome. Parent mentoring, grandparent support group, mother/daughter nights.

### **Canine Companions for Independence**

Ronald Knell, Executive Director, State University of New York at Farmingdale. A national organization that provides highly trained assistance goes to people with disabilities other than blindness. (800) 572-BARK or [www.cci.org](http://www.cci.org).

### **CAP Client Assistance Program**

518-432-7861 or 800-993-8982

Advocacy and legal services for issues regarding vocational rehabilitation services (including ACCES-VR) or independent living centers. Free

### **Child Care Council of Westchester**

(914) 761- 3456

Extensive information on childcare providers, programs, agencies, schools and camps.

### **EmSeeQ Band** at [www.emfinders.com](http://www.emfinders.com)

Bracelets equipped with technology that triangulates through cell phone networks to guarantee immediate recovery. When the caregiver activates the device, medical information and specific location of the child are reported to the nearest 911 dispatch center.

**EPIC Parent Center/ Parent Information Resource Center (PIRC)**

1061 North Broadway, Townhouse 2<sup>nd</sup> floor  
Yonkers, New York

(914) 966- 2338 or [www.epicforchildren.org](http://www.epicforchildren.org).

Director: Jane Zucker, Westchester Regional Manager: Yvonne Prescod  
parenting skills workshops and parent training. Free

**Family Ties of Westchester, Inc.**

Madeline Lombardi at (914)995-5238 or [mala@westchestergov.com](mailto:mala@westchestergov.com)

Support groups, respite activities, family recreational activities, and educational workshops for families with children with social, emotional and behavioral difficulties.

**GROW, Inc.**

P.O. Box 1692

White Plains, New York 10602

Helpline 493- 1318 and [Info@grow-ny.org](mailto:Info@grow-ny.org) or [www.grow-ny.org](http://www.grow-ny.org)

Westchester based advocacy organization on behalf of persons with developmental disabilities. Claudia Spaziante (formerly Mace) coordinates the Home Care Program (914) 332-8958 through the Hudson Valley DDSO. Free.

**Hudson Valley Special Education Parent Center**

At Westchester Institute for Human Development

Valhalla, New York

(914) 493-7665 or [www.wihd.org](http://www.wihd.org) or [nbrickel@wihd.org](mailto:nbrickel@wihd.org)

**Montefiore Autism Center**

6 Executive Boulevard

Yonkers, NY

(914)375-4898

Director, Michelle Dunn, PhD

Social skills, cognitive and linguistic interventions, counseling and advocacy help for individuals with autism, communication disorders or learning disability.

**ParentLink**

[www.westchesterparentlink.org](http://www.westchesterparentlink.org)

Advocacy group for parents of children with Autistic Spectrum Disorder and Asperger's Syndrome. Monthly support group meetings at Westchester Medical Center in Valhalla, New York for support, information and resources.

**Parent-to-Parent**

(914)493-2635 and [www.parenttoparentnys.org](http://www.parenttoparentnys.org)

Westchester Institute for Human Development in Valhalla, NY

Connecting and supporting families of individuals with special needs by matching parents with a trained support parent who has a child with a similar disability.



### **National Park Pass**

[www.store.usgs.gov/pass/access.html](http://www.store.usgs.gov/pass/access.html)

Free lifetime access pass for any person with a disability and their caregiver to all national parks from the National Forestry & Wildlife Division.

### **Project Lifesaver**

Nancy D'Auria, Project Coordinator

(914)683-7530 or [ndauria@hebrewhome.org](mailto:ndauria@hebrewhome.org)

Bracelets equipped with GPS. Fee charged.

### **OPWDD Office for People with Developmental Disabilities**

Hudson Valley branch: 914-332-8960 Main Information line 866-946-9733

a person-centered approach for people with developmental disabilities that prioritizes individual choices, needs, and desires in making decisions. Services include housing, employment, job coaching, oral health, respite care. Must have Medicaid or be Medicaid eligible.

### **Jennifer Kahn Ruoff**

[Jennifer@Ruoff.us](mailto:Jennifer@Ruoff.us) (914) 478-3730

New York State Licensed Social Worker, with a master's degree in special education. She is a special education advocate and education consultant. She helps parents navigate the special education system "while getting the right services and resources for their children to maximize their educational, behavioral and social-emotional potential in school, at home and in the community."

### **INTERNET RESOURCES:**

<http://yailink.org/wp-content/uploads/2015/07/Westchester-FSG.pdf>

A comprehensive list of programs available in Westchester County (Some of which do not apply to children with developmental disabilities) 40+ organizations

[www.abaresources.com](http://www.abaresources.com)

Free downloads for educational programs for children with Autism/Asperger's Syndrome.

Autism friend finder program \_

[www.autismkey.com](http://www.autismkey.com)

Westchester County Autism website

[www.westchestergov.com/mentalhealth/autism](http://www.westchestergov.com/mentalhealth/autism)

**Autism Society of America** \_  
[www.autism-society.org/](http://www.autism-society.org/)

[www.autismSpeaks.org](http://www.autismSpeaks.org) and 888-AUTISM2 (888-288-4762)

**Apraxia Information** \_  
[www.apraxia.cc](http://www.apraxia.cc)  
[www.apraxia-kids.org](http://www.apraxia-kids.org)

Excellent websites to learn more about Apraxia, Dyspraxia and Sensory Integration.

**Childtherapytoys.com**  
Large collection of resources for child and play therapists

**CHADD of Westchester** (children with Attention Deficit Disorders)  
(914) 278- 3020 and [www.chadd.westchester.org](http://www.chadd.westchester.org)

**Council for Exceptional Children**  
(703) 620- 3660 and [www.cec.sped.org/](http://www.cec.sped.org/)

**Developmental Delay Resources**  
Patricia Lemer, Executive Director (301) 652- 2263 and [www.devdelay.org](http://www.devdelay.org) A resource network integrating conventional and holistic approaches with particular concerns regarding sensory and nutritional issues.

**Learning Disabilities online** \_  
[www.Ldonline.org](http://www.Ldonline.org)  
Hundreds of articles about disabilities, remediation, IEP's, legal rights on this award-winning site.

**National Alliance for Autism Research**  
[www.NAAR.org](http://www.NAAR.org)

**National Information Center for Children and Youth with Disabilities (NICHCY)**  
800- 695- 0285 and [www.nichcy.org](http://www.nichcy.org)

**National Center for Learning Disabilities**  
212- 545- 7510 and [www.LD.org](http://www.LD.org)

**National Parent Network on Disabilities** \_  
[www.npnd.org](http://www.npnd.org)

**National Vaccine Information Center** \_  
[www.909shot.com/](http://www.909shot.com/)

**Information about vaccines and mercury**

[www.Safeminds.org](http://www.Safeminds.org)

**New York State Education Department**

914- 245- 0010 and [www.nysed.gov/vesid](http://www.nysed.gov/vesid)

**Office of Vocational and Educational Services for Individuals with Disabilities**

(ACCES/VR) (914) 946-1313

**Sensory Integration International**

[www.sensoryint.com](http://www.sensoryint.com)

**Sensory Stories**

[www.theraproducts.com](http://www.theraproducts.com) or 1-800-257-5376

**Sensory Integration Resource Center**

[www.bpkids.org](http://www.bpkids.org)

**Mental Health Association of Westchester**

[www.mhawestchester.org](http://www.mhawestchester.org)

[www.special-minds.com](http://www.special-minds.com) toll free 866-810- 1909

Resource of over 3,000 books, videos, dvds, games, activities, software for ADD, Autism, Asperger Syndrome, Dyslexia, Sensory Integration Dysfunction, Social Skills, Speech and Language Development, OCD, Anger Management, Self Control, CP, Tourette Syndrome, MR, plus more.

[www.specialfamilies.org](http://www.specialfamilies.org)

Resources, tips and links and forum to share experiences and seek support.

**Student Advocacy Services, Inc.**

(914) 347- 3313

**Special Education Law and Regulations**

at: [www.special-ed-law.com](http://www.special-ed-law.com)

**The Department of Education** also has special education law at:

[www.ed.gov/offices/osers/IDEA/](http://www.ed.gov/offices/osers/IDEA/)

**IDEA** is the Individuals with Disabilities Education Act.

[www.ideapractices.org/aboutus.htm](http://www.ideapractices.org/aboutus.htm)

**Westchester/Putnam Legal Services**

(914) 949- 1305

**Westchester County Department of Community Mental Health**  
(914) 285- 5256

[www.trainland.tripod.com](http://www.trainland.tripod.com)

Information on PECS (Picture Exchange Communication System), Autism, diet, research links.

[www.wrightslaw.com/](http://www.wrightslaw.com/)

The best website with 1000's of links to information about special education law, advocacy and information. They also publish the Special Ed Advocate.

**Yale Child Study Center**

<http://info.med.yale.edu/chldstudy.autism/>

**Greenwich Autism Program**

Dr. Sue Izeman

(203) 629- 1880 ext. 327

[www.Izeman@ARCGreenwich.org](mailto:www.Izeman@ARCGreenwich.org)

132 East Putnam Avenue

Cos Cob CT 06807

(Fairfield County)

E-Mail address: [izeman@arcgreenwich.org](mailto:izeman@arcgreenwich.org)

The Greenwich Autism Program provides a variety of home and community based supports for families who have a child with autism or a related disorder. Services can include information and referral, assistance with challenging behavior, help in finding and participating in community activities, provision of direct instruction in the home, and parent training.

**Laurie Gruenberger,  
Psy.D.**

1 Bridge Street

Irvington, New York

(646) 256- 0900

Social Skills groups for kindergarten through 12<sup>th</sup> graders focusing on recognizing feelings, making friends, managing anger/frustrations and building self-esteem. Individual and family therapy available and psychological/neuropsychological assessment available.

Jackie Knectel, Ma, ccc-slp. Fee charged

(914) 421-8270

**The Kids Connection**

Pat Rowan, LMSW (914)736-7898

Croton-on-Hudson, New York

[www.Discoveringyourworld.com](http://www.Discoveringyourworld.com)

Young adult groups for high functioning autism.

### **Therapy with a Twist**

Wendy Ludlow, LCSW (646) 213-0294

<http://omplay.org/>

North Riverdale.

208 W 260 Bronx, NY 10471

Registered Play Therapist Supervisor and certified Cognitive-Behavioral Clients are given the space, tools, and verbal guidance to self-develop and to learn strategies to manifest the life they envision for themselves

### **Westchester Division of Weill Medical College of Cornell University New York-Presbyterian Hospital**

Jo Hariton, Ph.D., Child & Adolescent Group Therapy Coordinator

(914) 997- 5957

21 Bloomingdale Road

White Plains, NY, 10605

Social skills groups for children with peer relationship problems. Each group is run by a co-therapy team with expertise in Attention-Deficit Hyperactivity Disorder and other childhood disorders. Children are grouped by age and level.

### **Westchester Group Works**

Michelle Maidenberg, Ph.D, MPH, LCSW-R Clinical Director

(914) 421-1500

[mmaidenberg@westchestergroupworks.com](mailto:mmaidenberg@westchestergroupworks.com)

### **Full Circle Family Care**

1241 Mamaroneck Avenue

White Plains, NY

[www.westchestergroupworks.com](http://www.westchestergroupworks.com)

Provides clients with group and individual therapy for both children and adults.

### **Westchester Jewish Community Services (WJCS)**

Patricia Grossman, LCSW

(914) 949-7699 ext.355

(914) 761-0600 x228

[pgrossman@wjcs.com](mailto:pgrossman@wjcs.com)

[www.wjcs.com/](http://www.wjcs.com/)

Programs geared to provide support and skills for individuals with Autistic Spectrum Disorders and their family members. Groups for children 6-9 years, 10-13 years old and 13-16 years old and a 21 and older group. Parent support groups meet concurrent with the social skills groups. Must have Medicaid, or Medicaid eligible.

### **Where I Can Be Me**

Isa Marrs, Speech Language Pathology, PC  
(914) 488-5282  
127 Woodside Ave, 201  
Briarcliff Manor, New York  
[www.wherelcanbeme.com](http://www.wherelcanbeme.com)

Social skills and Art Classes for children with language delays/disorders, learning disabilities, behavioral challenges (with or without special needs), children who have trouble making and /or keeping friends or socializing with friends or family. Provides programs for boys, for girls, and for teenagers.

### **Pilar Wellansky, Psy.D**

Friendship Builders Groups  
400 Bedford Rd.  
Pleasantville, New York, 10570  
(914)773-0680

[http://pilarwellansky.com/home/About\\_Pilar.html](http://pilarwellansky.com/home/About_Pilar.html)

Weekly therapeutic groups for children in 1<sup>st</sup> grade through high school who have trouble making and keeping friends and difficulty managing feelings. Also a weekly Summer mini camp therapeutic program with indoor and outdoor activities. Provides clients with the tools necessary to cope with everyday life.

## **LEGAL GUARDIANSHIP**

### **WIHD**

[www.wihd.org/](http://www.wihd.org/)

914-493-8150

Westchester Institute for Human Development

Provides medical, respite care, clinical (including dental) and support services to individuals, their families and caregivers.

### **Arc of Westchester**

914-495-4620

<http://www.arcwestchester.org/services/guardianship>

[http://www.arcwestchester.org/sites/default/files/files/About\\_Guardianship.pdf](http://www.arcwestchester.org/sites/default/files/files/About_Guardianship.pdf)

Nancy Succoso. [nsuccoso@westchesterarc.org](mailto:nsuccoso@westchesterarc.org) 914-495-4503

### **PACE Law School**

<http://law.pace.edu/equal-justice-america-disability-rightshealth-law-clinic>

Equal Justice America: Disability Rights\Health Law Clinic

Student attorneys assist families seeking guardianship of disabled adult children, and planning for the future of family members with disabilities. Free in most cases but generally, depending on practice, must have some affiliation with the firm.

## **Legal Services of the Hudson Valley**

90 Maple Avenue  
White Plains, NY 10601  
914-949-1305  
877-574-8529

<http://www.lshv.org/>

Application can be done over the phone. A Paralegal will assess whether or not Legal Services can help.

## **RESPITE CARE** (ALL MEDICAID)

### **Project Time-Out**

Contact Carol Kobroff, LMSW, coordinator

914-761-0600 x310;

[ckobroff@wjcs.com](mailto:ckobroff@wjcs.com).

<http://www.wjcs.com/respite-for-caregivers-project-time-out/>

A program that provides caring for either a dependent older person or a child with an intellectual or developmental disability. Respite allows caregivers the opportunity to attend to medical, social, recreational or business matters. Families are reimbursed for services.

### **Special Citizens Futures Unlimited**

914-347-4331

[Specialcitizens.org](http://Specialcitizens.org)

Respite Care for People With Autism

### **Taconic Innovations Sandy**

Ali

[sandy@taconicinnovations.com](mailto:sandy@taconicinnovations.com)

914-668-9041

In-home respite for persons without or whom are ineligible to receive Medicaid (4-12hrs/wk). Also provides assistance to people awaiting Medicaid.

### **Phelps Memorial Hospital**

914-366-3521

### **Select Human Services**

[www.Selecthumanservices.com](http://www.Selecthumanservices.com)

17-19 Marble Avenue

Pleasantville, NY, 10570

914-741-6300

Not-for-profit voluntary agency working to empower children and adults with developmental disabilities to live a life that speaks to their unique self and supports their choices, needs, wants and hopes.

**RESOURCES FOR COLLEGE AND ADULTS WITH SPECIAL NEEDS:**

**Compass Project**

Part of the Jewish Child Care Association (JCCA)

917-682-2149, 914-761-0600 ext. 225. [jccany.org/compass](http://jccany.org/compass)

Offers direction and guidance to teens and young adults with special needs with career assessment, outings and trips, life coaching, workshops, internships, birthright trip to Israel, counseling, Theater for Action to aid self expression.

**Socialization And Life Skills Group For Asperger's Syndrome And High Functioning Autistic Adults**

**Focus on: Employment issues, college coaching and supports, socialization and self-advocacy, dating and relationships.**

Patricia Rowan, LMSW at 914-736-7898, [patrowan@bestweb.net](mailto:patrowan@bestweb.net)

Susan Cortilet, MS, LMHC at 845-406-8730, [susan.cortilet@gmail.com](mailto:susan.cortilet@gmail.com)

**Free Support Group For Families Of Adults With Asperger's Syndrome And High Functioning Autism**

**Bonnie Kaplan at [Parenttalk@gmail.com](mailto:Parenttalk@gmail.com)**

**Judith Omidvaran at [judyomid@aol.com](mailto:judyomid@aol.com)**

**New Frontiers in Learning**

[www.nfil.net](http://www.nfil.net), 646-558-0085

Coaching and individualized academic and social supports for students in high school and college. Summer programs with daily excursions to NYC and year-round help for transitioning to college successfully. Free